Speakers often forget the power of using repetition in speeches because of the negative stereotypes we have with being repetitive. Repetition means hounding, nagging, being redundant and boring. Yet we forget that some of the world’s best speeches have utilized repetitive rhetorical devices to reflect the natural rhythm of oral communication. When done stylistically, repetition helps the audience remember and recognize the importance of your message.

**Repetition of letters, syllables, or sounds**

*Alliteration*—repeat similar sounds, usually initial consonants, in two or more neighboring words or syllables.
- Example: Jesse Jackson, "Down with dope, up with hope!"
- Example: Why not waste a wild weekend at Westmore Water Park?

*Assonance*—repeat similar vowels, preceded and followed by different consonants, in the stressed syllables of adjacent words.
- Example: The sergeant asked him to bomb the lawn with hotpots.

*Consonance*—repeat consonants in words stressed in the same place (but whose vowels differ), or, repeat final consonants in nearby words (the following are also examples of alliteration)
- Example: Deep Dark Dungeon
- Example: Fully Functional

**Repetition of words**

*Anaphora*—repeat a word or phrase at the beginning of successive phrases, clauses, or sentences.
Example: Martin Luther King, *I Have a Dream*
- "I have a dream that my four little children will [...] I have a dream that one day on the red hills of Georgia [...] I have a dream today!"

**Repetition of clauses and phrases**

*Epistrophe*—repetition at the end of a line, phrase or clause of the word or words that occurred at the beginning of the same line, phrase or clause.
- Example: Emerson, "What lies behind us and what lies before us are tiny compared to what lies within us."

**Repetition of ideas**

*Antithesis*—set off two ideas in balanced (parallel) opposition.
- Example: Neil Armstrong, "One small step for man, one giant leap for mankind."
- Example: John F. Kennedy, "Ask not what your country can do for you, but what you can do for your country."

Finally, don’t forget to practice your speech or presentation out loud; in most cases you will feel if a repetition helps or harms your work. If you are still unsure, book an appointment at the CWS to have a tutor listen to you!