WARM UP THE ARTICULATORS WITH TONGUE TWISTERS

What are the articulators?
- It sounds like a horrible word, but it just means a way to form and make sounds using the tongue, lips, teeth, bottom jaw, and soft palate.

We have 5 articulators, the lips, front teeth, tongue, bottom jaw and soft palate. To help you warm-up to perform, repeat each of the following phrases over and over. When you say these, be sure to exaggerate your movements. Remember: accuracy first, speed second!

**Exercises for the lips**
bee-boo-bee-boo-bee-boo
Bodega Bodega Bodega
Massine’s machine
Topeka Bodega
Rubber baby buggy bumpers

**Exercises for the jaw**
goo-gaw-gee-gaw
taw-taw-taw
eleven benevolent elephants
lilli loli looli lawli

**Exercises for the tongue**
King-Kong-King-Kong
Unique New York
Red leather yellow leather
Diga riga diga riga diga riga doo

**Exercises for the soft palate**
girl gargoyl, guy gargoyl
garlic gargle, gargle with garlic
culligan and calla lilly

**GRIP TOP SOCK**

Give me the gift of the grip top sock
A clip drape ship shape tip top sock
Not your spiny slick slapstick slip shod stock
But a plastic elastic grip top sock
None of your fantastic slack swop slob
From a slap dash flash cash haberdash shop
Not a knick knack knitlock knock kneed knickerbocker sock
With a mock shot blob mottled trick ticker tock clock
Not a rucked up puckered up flop top sock
Not a super sheer seersucker pukka sack smock
Not a spot freckled frog freckled cheap sheik’s sock
Off a hodge podge moss blotched botched Scotch block
Nothing slip shod, drip, drop, flip flop, or glip glop
Tip me a tip top grip top sock!